

COVID-19

HOW TO HANDLE PACKAGES SAFELY?

Recent studies suggest that SARS-CoV-2, the virus that causes Covid-19 can remain active & infectious on certain surfaces such as plastic, stainless steel, cardboard & copper for several hours.*

According to the CDC, it may also be possible for a person to get Covid-19 by simply touching a surface or object that has the virus on it & then touching their own mouth, nose or possibly their eyes.

We believe prevention is always better than cure. Here are some useful tips for you to receive any packages & maintain good hygiene. Be Safe!

Source : National Institute of Health (www.nih.gov)

1. HOW TO PROTECT YOURSELF?

Opt for online payment



Avoid exchanging cash



Do not sign on any screens



Avoid multiple family members from handling packages



Don't let elderly or people with chronic conditions handle packages



2. HOW TO RECEIVE YOUR PACKAGE?



Get package kept outside your door



Sanitize door knob/bell after delivery



Avoid contact with delivery staff



Discard outer packaging in bin



Wash hands immediately with soap

3. HOW TO CLEAN & DISINFECT?



Fruits & Veggies

- > Wash or scrub under running water
- > Remove peels or outermost leaves
- > Wash even if label says "pre-washed"



Milk Cartons/Pouches

- > Wash milk pouches with soap & water
- > Wipe clean milk cartons with a sanitizer
- > Discard milk cartons/pouches after emptying



Meats & Non-Veg

- > Dispose outer pack
- > Wash meat thoroughly under running water
- > Avoid undercooked & raw meat



Home Essentials

- > Wipe clean with a sanitizer
- > Dispose any outer packaging



Ensure you wash your hands with soap immediately after handling & receiving package or use a sanitizer. Avoid touching your face or any surface.

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